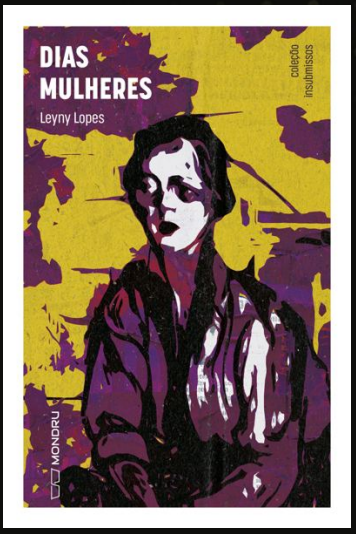
MONDRU



RIGHTS SHEET

Women Days

LEYNY LOPES

Original title: Dias Mulheres

IMPRINT	GENRE	PUBLISHED	PAGES	TRIM SIZE	ISBN
Mondru	Poetry	2025	88	14 × 21 cm	978-65-6042-165-3

SYNOPSIS

The poems in "Women Days" explore themes such as fear, self-acceptance, love, loss, and the search for meaning in an ephemeral world. The author writes for herself and for all women, addressing moments of vulnerability, strength, and rediscovery. Moving between the personal and the universal, the texts invite the reader on an introspective journey through life, identity, and the challenges of being a woman in the 21st century.

The book is divided into three parts—"River Days," "Waterfall Days," and "Cloudburst Days"—which metaphorically represent different phases of the author's life. Permeated by memories, confessions, and questionings, the work reveals the complexity of human relationships, the beauty found in simplicity, and the importance of connecting with oneself and the surrounding world. In "Women Days," the author offers no easy answers, but shares her journey of self-discovery and resilience, inspiring readers to find their own voice and celebrate the beauty of plurality.

ABOUT THE AUTHOR

Leyny was born and raised in Brasília, where she earned a degree in Psychology from the Universidade de Brasília, and currently works as a clinical psychologist. She has playfully written poems since her school days, gradually maturing her writing and worldview, primarily shaped by her work in Mental Health, insights gained through engagement with popular culture, and the self-care process required to manage premenstrual dysphoric disorder and fibromyalgia.

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