MONDRU



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Body Poetry

MIRNA Y DEAN

Original title: Poesia Corporal

IMPRINT	GENRE	PUBLISHED	PAGES	TRIM SIZE	ISBN
Mondru	Poetry	2025	64	20 × 20 cm	978-65-6042-136-3

SYNOPSIS

"Body Poetry" is a poetry collection by Mirna Teixeira and Dean that explores the intrinsic relationship between body and emotion. Through a series of zines, the work portrays in a raw, visceral manner how emotions manifest physically, using the body as a stage for expressing the authors' subjectivity and lived experiences. The book delves into themes such as pain, desire, frustration, and the beauty of life, revealing the fragility and strength of the human body in verses charged with sincerity and intensity. The language is direct and impactful, seeking to break with traditional conventions and bring poetry closer to everyday reality, making it accessible to the modern reader. "Body Poetry" invites readers to confront their own emotions and reflect upon their relationship with their bodies and the world, proposing a journey of self-discovery through the exploration of the human experience in all its complexity.

ABOUT THE AUTHOR

Mirna Teixeira, 30 years old. Writer, poet, singer, multi-instrumentalist, and mother. The daughter of a musician, art has permeated her life since birth. In her adolescence, she fell in love with Beat poetry, and ever since, references such as William Burroughs and Roberto Piva, as well as the feminist, marginal poetry of Ana Cristina César and writers like Anaïs Nin, have served as inspirations for her verse, music, and life.

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